

THE SAGE

The Newsletter of SAGE of South Florida

"SENIOR ACTION in a GAY ENVIRONMENT"

APRIL 2008

PASSING THE GAVEL

I can hardly believe that two years have passed since I was elected President of SAGE. It has been a very satisfying, enlightening and delightful experience. We have watched our membership grow to over 400 and thanks to the continued outreach and hard work of our membership we are still growing. We have expanded our educational programs which our members have found to be very informative and helpful.

The SAGE Friendly Visitor Program proves that we are not just fair weather friends but people who really care about our SAGE family. Please continue to take advantage of this most important program, especially as our membership grows older. Remember to call or have someone call our office and let us know if you are in the hospital (be sure to tell us which hospital); ill at home or just need a friendly chat.

Our SAGE activities are many and diverse and your participation in these activities has increased and been a wonderful experience for all our members. These activities provide a venue for members to meet and socialize and form lasting relationships. Just to name a few: Sage Lunch & Learn, The Book Bunch, Men's Drop-In, Sage Women Lunch, Co-Ed Drop-In, Sage Men's Singles, SAGE Movies, Computer Club, SAGE Cruises, Dinners, Bus Trips, Variety Show, Picnic etc.

One of our most satisfying accomplishments has been our Senior Health Fairs, which Betty and I have worked so diligently on these past two years. We are delighted that we have been able to secure the support and participation of many local health professionals

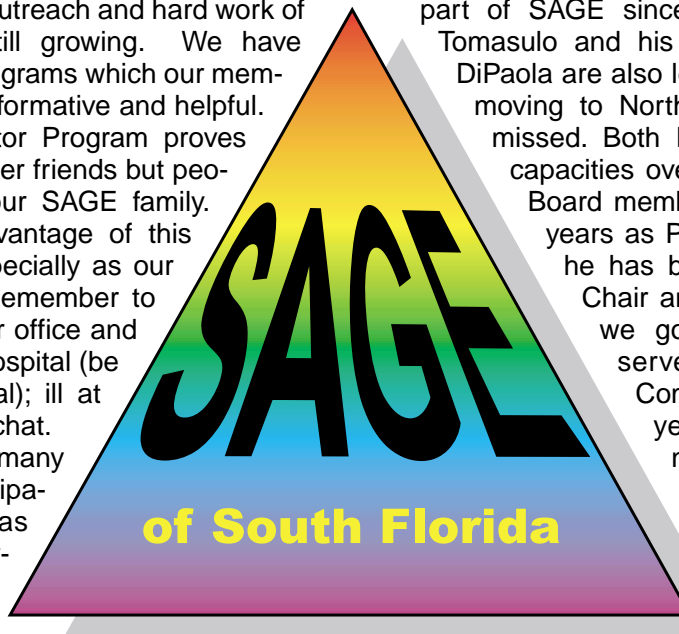
and other health related organizations in the community to provide our seniors with important information on health related issues.

Two other members who have been an important part of SAGE since it's beginning in 1994, Bob Tomasulo and his partner of 22 years, Michael DiPaola are also leaving us. Bob and Michael are moving to North Carolina and will be greatly missed. Both have served SAGE in various capacities over the years. Bob was a SAGE Board member for 9 years and served two years as President. For the past 6 years he has been our Education Committee Chair and our SAGE sage, the person we go to for advice. Michael has served on the Friendly Visitor Committee and for the past two years as Board member and newsletter editor. Both Bob and Michael have been a great asset to SAGE and will be missed. We wish them well in their new phase of life!

I have served on the SAGE board in various capacities for eight years, the most rewarding being these last two as President. It has been a very rewarding experience and SAGE will always remain in my heart as a very special organization with VERY SPECIAL PEOPLE. I am looking forward to the leadership of your next board. We have some great people on the board. All I ask of you is to give them the support you have always given me. ■

Jean Johnson, President

"Think of what you want as often as possible"



Highlights . . .

Pertinent Information page 2	Reservations Information page 4	Health and Wellness page 7
SAGE Classifieds page 2	Invite A Friend page 4	Humor for "Our Age" page 8
Social Notes page 2	SAGE Co-Ed Drop-in page 5	Men's Singles Group page 10
SAGE Birthdays page 3	SAGE Women's Luncheon page 5	Variety Show Update page 10
Book Bunch News page 3	SAGE Board of Directors	Membership Application page 10
Saturday Luncheon page 4	Election Welcome page 5	Monthly Movie page 11
Friendly Visitor Program page 4	Staying Healthy-Staying Safe page 6	

SAGE of South Florida, Inc.
8333 West McNab Road, Suite 239
Tamarac, Florida 33321

All Copy Deadline: 8th of the month
Message Line: 954-720-0833
Email to Editor: sageoffice@bellsouth.net
Office Fax: 954-720-9590
Website: www.sagewebsite.org

BOARD MEMBERS

President Jean Johnson
Vice President Ken Goodman
Secretary Betty Priscak
Treasurer Hank Brooks
Assistant Treasurer Ken Moore

BOARD MEMBERS AT LARGE

Ron Catena, John Chandler, Michael Di Paola,
Carl Galli, Jan Kronholm, Sal Orlando, Ann Smith.

COMMITTEE COORDINATORS

Advertising Ann Smith
Archivist Betty Priscak
Co-ed Drop In Mary O'Connor
Education Bob Tomasulo
Membership Ann Smith
Men's Drop-In Norm Peters
Men's Singles John Chandler
Newsletter Editor Michael Di Paola
Newsletter Mailing Les Oldenbusch
Office Manager Ken Goodman
Public Relations Ron Catena
Saturday Luncheons Sal Orlando
SAGE Women In Action Jan Kronholm
Social Activities Carl Galli
Volunteer Coordinator Ron Catena
Webmaster Richard Bunyan

Appearance of an advertisement in this newsletter does not constitute endorsement by SAGE of South Florida, Inc., of the service being offered. We thank our advertisers for helping us to pay for printing this newsletter.

SAGE EDITORIAL POLICY

SAGE welcomes contributions to this newsletter. An author may request their entry be "anonymous." However, the submission as received by SAGE must be accompanied by the full name and address of the author. Items will be published at our discretion. If we feel we can not publish a submission anonymously, we will contact the author. We reserve the right to edit items for size considerations, clarity, or standards of decency.

SAGE Classifieds

SAGE ADVERTISING POLICY

Our monthly Newsletter is partially underwritten by advertising revenue. We have a written fee schedule for various sizes and number of months. An insert, instead of display advertising, is also available for businesses and organizations at a very reasonable rate. Contact the SAGE office at 954-720-0833 or E-Mail at sageoffice@bellsouth.net for more information about business cards to full-page ads, classifieds and flyers. We appreciate our business supporters. As members, let's support them as much as possible.

SOCIAL NOTES ~ by Carl M. Galli ~

April is usually a pretty cool month - but judging by the near-record heat wave in February, who knows? One thing is sure, we'll be having a cool time with SAGE this month.

On **Saturday and Sunday, April 12th and 13th, PrideFest** comes early this year, to **War Memorial Auditorium and Holiday Park. Starting at Noon on both days, and ending at 7PM**, there will be something for everyone. This year, too, **SAGE will have a booth inside the Auditorium.** (At press time, we do not know the booth number. But if you call the SAGE Office, at 954-720-0833, on **Friday, April 11th, after 1PM** we will leave the booth number on the answering machine.)

Come visit with **Ron Catena and Carl Galli** from Noon to 3:30PM; or **Ken Merrifield and Fred Berger** from 3:30PM to 7PM on Saturday. Or see **Ken Goodman and John Harris** from Noon to 7PM; or **Sal Orlando and Joe Suplit** from 3:30PM to 7PM on Sunday.

Don't forget to **continue your Prideful Celebration** by attending SAGE's biggest fundraiser of the year: "**Variety Show 2008**". Being held at the **Sunshine Cathedral MCC**, on **Saturday, April 12th**, this will be an extraordinary evening of "music and dance, comedy and drag". Produced by Sal Orlando, and directed by **Dale Parkinson**, this **one-time only 8PM performance** will feature the *entire Fort Lauderdale Gay Men's Chorus, in-Harmony*, the **Lambda Chorale**, the **New-SAGETTES**, and many other local favorites. **Tickets are only \$25**, and may be obtained from the SAGE Office.

Sal and I want to **thank all the volunteers** for their time and effort in manning the PrideFest booth, and taking part in the Variety Show.

And, the following week, we would like to wish a **Happy Passover** to all our Jewish Members and friends.

SAVE the DATES:

Saturday, **May 13th** we'll be visiting the beautiful "**Flamingo Gardens**".

Sunday, **June 22nd**. we'll be going to the Broward Center/Amaturo Theatre to see the **Ft. Lauderdale Gay Men's Chorus** performing "**Rockin' with the Rhythm**".

OCTOBER CRUISERS:

If you have special needs (**particularly wheel chair access**) you must complete a "**Carnival Special Requirements Information**" form, prior to calling their "**Guest Access Services Dept.**" (800-438-6744-Extension 70025).

Please see Carl (or call the SAGE Office or Carnival) for the form. It must be on file with, and approved by, Carnival prior to August 14th.

OTHER HAPPENINGS:

- The Arsht Center/Carnival Studio Theater: "**Forbidden Broadway**" March 21-April 13
(305) 949-6722 or www.arshtcenter.org
- Rising Action Theatre Company: "**Six Dance Lessons in Six Weeks**" April 3-May 25
(800-595-4849) or www.risingactiontheatre.com
- Stage Door Theatre: "**Starting Here, Starting Now**"
April 18-June 9
(954) 344-7765 or www.stagedoortheatre.com

Enjoy...

SAGE BIRTHDAYS FOR APRIL

The SAGE Board would like to acknowledge the following members whose birthdays are in APRIL, as well as all the other members whose birthdays are this month that we don't have:

Debbie Balas Apr 02	Harvey Nathanson Apr 16
Grant Lynn Ford Apr 02	Thomas Lindros Apr 17
Ronald Seidle Apr 02	Jose L. Solernou Apr 17
Ted Singer Apr 02	Robert Stastny Apr 19
Jeffery Stern Apr 03	Edda Cimino Apr 20
James V. Ficke Apr 06	Bill Farrington Apr 21
David Hoffman Apr 07	Michael Keller Apr 21
Virg Lescinski Apr 07	Elaine C. Murphy Apr 21
Jean Johnson Apr 09	Wilmer Roehrich Apr 21
Grace J. Waltonen Apr 09	Micki Endliss Apr 23
Sharon McLean Apr 10	Carolyn Cianela Apr 25
Patricia Sammartino . . . Apr 10	Gerri Toppie Apr 27
Charles R. Buchanan Jr. Apr 12	Fred A. Vega Apr 28
George S. Stein Apr 13	John Gregory Harris . . . Apr 30
Thea Silver Apr 14	Jerr Kasden Apr 30
John Chandler Apr 16	Ugo Marini Apr 30

If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at: (954) 720-0833 or e-mail us at: sageoffice@bellsouth.net

*Please remember
SAGE in your
charitable donations
and estate planning.*

BOOK BUNCH NEWS: ~ by Bob Tomasulo ~

This month the group looks at the long awaited novel by author J G Hayes. Hayes has written two acclaimed collections of short stories set in and around Boston, MA. He has masterfully captured the atmosphere of this particular area of the country. The novel is "A Map of the Harbor Islands." It charts the turbulent lives of two South Boston friends from their childhoods through their adult lives. Hayes displays his storytelling talents with more confidence than ever. The book is an emotional journey through South Boston and what life there entails for these two men.



Join us April 12, 2008 at Border's Books on Sunrise Blvd in Ft Lauderdale. We meet at 2:00 PM and all are welcome! **This is a SAGE sponsored activity.**

(Coming in May "Mississippi Sissy" by Kevin Sessions)

Note: This will be my last contribution to this newsletter. Beginning next month, former SAGE President Wayne Draper will be taking over this column. ■

PAID ADVERTISEMENT

OPEN DOOR. OPEN MIND.



Dean J. Trantalis
Attorney at Law
2255 Wilton Drive
Wilton Manors, FL 33305

tel: 954.566.2226
fax: 954.566.2248
dean@trantalis.com
www.trantalis.com

Real Estate | Wills and Trusts | Business Transactions

DEAN TRANTALIS

The hiring of a lawyer is an important decision that should not only be based on advertisements. Before you decide, ask the lawyer to send you free written information about their qualifications and experience.

MONTHLY BOARD MEETING & SATURDAY LUNCH & LEARN

12:30 PM, APRIL 5, 2008

AT THE HERB SKOLNICK COMMUNITY CENTER

800 S.W. 36th Avenue, Pompano Beach, FL

RESERVATIONS REQUIRED!!!!!!!!!!!!

Members with reservations: \$10.00

Members and Guests without Reservations: \$12.00

Doors open at 12:00PM.

If you arrive early, please make yourself comfortable in the lobby and meet and mingle with other SAGE members.

Please reserve early as our luncheons have become very popular!

For reservations call the SAGE Message Hotline, 954-720-0833 or reserve by E-Mail: sageoffice@bellsouth.net

~ MENU ~

Special House Salad

Northern Italian Style Lasagna

Veal Stuffed Chicken Breast

(With Chardonnay Cream Sauce & Diced Tomato Sauce)

Sautéed Zucchini

Dessert: Panna Cotta

(Eggless Vanilla Custard with Fresh Strawberries)

SAGE FRIENDLY VISITOR PROGRAM



We are not just fair weather friends, but people who really care about our SAGE family. If you know of anyone that needs a friendly call, is sick, in the hospital, recently lost a loved one, or just needs cheering up or a ride to one of our SAGE sponsored functions or activities, please contact the SAGE office at 954-720-0833, so that arrangements can be made, **OR**, if you prefer, you may contact either Caroline Leto at 954-925-6288; Jean Arthurton at 561-381-3103; or Leo Glickstein at 954-427-6877. **This is a SAGE sponsored activity.** ■

PAID ADVERTISEMENT



ROBIN L. BODIFORD ATTORNEY AT LAW

WILLS • TRUSTS • TRUST ADMINISTRATION
PROBATE • DOMESTIC AGREEMENTS
REAL ESTATE

AUTHOR: "Fresh Start Bankruptcy"
& "A Simplified Guide to Creating a Personal Will"
(John Wiley & Sons, 2003)

LAW OFFICES OF ROBIN L. BODIFORD, P.A.
2550 N. FEDERAL HWY., SUITE 20
FORT LAUDERDALE, FLORIDA 33305
www.robinbodifordlaw.com

(954) 630-2707

RESERVATIONS!

We are very thankful to all our members for the support you have shown for all our activities. Unfortunately, we find that many of our events have to be capacity-controlled: Either due to vendor and restaurateur costs, transportation costs, availability of tables, or seating guarantees. In order to be as fair as possible to all concerned, we must enforce the following policy:

EFFECTIVE APRIL, UNLESS OTHERWISE STATED IN THE FLYER OR IN THE AD, WE WILL NO LONGER ACCEPT ANY PAYMENTS AT THE DOOR. ALL RESERVATIONS MUST BE ACCOMPANIED BY CHECK(S) FOR THAT EVENT. AND MUST BE MAILED IN TIME TO REACH THE SAGE OFFICE NO LATER THAN 1PM ON THE CLOSEOUT DATE SPECIFIED IN THE FLYER.

IN SOME CASES (SUCH AS THEATRE TICKETS) WE WILL ACCEPT PAYMENT ON A FIRST PAID/FIRST-RESERVED BASIS ONLY. UP TO THE NUMBER OF TICKETS PROCURED BY SAGE.

THERE WILL BE NO REFUNDS.

This policy does not apply to the Monthly "Lunch and Learn" or the "Men's Singles Group".

So please check your flyers against your calendars, and send in your reservations with your checks as soon as possible. This way you will avoid disappointment. And SAGE will not have to pay for no-shows. (If for some reason you cannot make it, call the SAGE Office, and pass your reservation on to a friend.) ■

INVITE A FRIEND

Our monthly Saturday LUNCH and LEARN provides a perfect way for you to introduce a friend to SAGE. Not only is it conveniently located at the Herb Skolnick Community Center in Pompano Beach, but the time is right – 12:00PM; the food is excellent, catered by PRIMAVERA of Fort Lauderdale; the speakers are informative, addressing our issues; and – the company is good! What more could you ask for? Well – if your friend joins SAGE at the Lunch and Learn or within the 30 days following, he or she will receive a special first time membership rate of \$25.00. So invite a friend to join you and get to know SAGE. **This is a SAGE sponsored activity.** ■

SAGE THURSDAY CO-ED DROP IN "MIXED NUTS"

We are a variety of 'nuts' who meet each Thursday to discuss and solve world and local problems, determine the best dressed drag queen or lesbian, tell a few good (usually) jokes and to plot a monthly adventure (or misadventure).

The 'adventure' could be a movie, trip to the track, lunch at an exotic place - whatever the group decides - it will be an adventure. Join us at the GLCC each Thursday from 1 to 3 for the fun. ***This is a SAGE sponsored activity.*** ■

SAGE WOMEN'S LUNCHEON

Our April meeting, Wednesday, April 9, will be at the Sweet Tomato Restaurant where the food is great and plentiful. A super salad bar plus great soups, pasta, bread and delicious desserts. The restaurant is located at 6245 N. Andrews Ave. at Cypress Creek Blvd.

Please call Jan at 954-428-2998 for additional information and reservations. ***This is a SAGE sponsored activity.*** ■

PAID ADVERTISEMENT

REGISTERED NURSE AVAILABLE



Call 954-298-8899

Suzanne Boisvenue

PAID ADVERTISEMENT

BANKERS
LIFE AND CASUALTY COMPANY

We specialize in seniors



Gary Kempler
Senior Trust Advisor
(954) 328-5418

Medicare Specialist offering:

Low Cost Supplements
Part D Drug Plans

Long Term Care at *affordable* rates

Life Insurance

Disability Insurance

Guaranteed Retirement Investments

SAGE BOARD OF DIRECTORS ELECTION

On Sunday, March 30, 2008, SAGE held its Annual Meeting and Election at the Palm Aire Country Club. Members of the Board are hard working individuals who give countless hours of their time to the work of the organization. They help organize the social events, the educational programs, raise funds, and manage the budget, and generally oversee the day to day affairs of the organization.

The current Board of Directors and general membership of SAGE of South Florida welcome our newest board member, Joyce Schweitzer:

In December 2005, Joyce retired from the position of Tax Coordinator for the Corporate Tax Department of Knight Ridder Enterprises, which handles all tax matters for their 32 newspapers located around the country. In September of 1999 their corporate offices were moved to San Jose, CA, to which she transferred and was instrumental in setting up a new tax department there. She returned to Miami in March 2002 and was re-employed by the Miami Herald and served in various positions calling on her experience in conducting seminars and meetings and travel planning.

Since her retirement, she has been actively volunteering at the Broward County Library as a Prime Time reader for pre-school children. She is assigned to pre-school, visits on a weekly basis, reading to children 4-5 years of age. During 2007, she earned a Florida State Certification for Pre-School Education at the Broward Community College. In addition, she is involved with the Broward County School Board as a student mentor at a local elementary school.

Also in December 2007 she was selected as a board member of WIN (Women in Network), where she is responsible for organization projects.

Joyce has an Associate in Science Degree, Management CPS (Certified Professional Secretary).

Her leisure interests include volunteering, organizations, theater, movies, traveling, reading, cooking and tennis!

Welcome aboard Joyce. Congratulations and good luck. ■

PAID ADVERTISEMENT



**Comfort
Keepers**

Comforting Solutions for In-Home Care®

Prepare meals
Run errands
Laundry
W-2 employees

Grocery shop
Light housekeeping
Respite Care
24 hour care available

English Speaking Companionship

954-825-0155

www.COMFORTKEEPERS.COM

REG.# 228141

Staying Healthy ~ Staying Safe

Whole grain cereal reduces heart failure risk by 28% and helps lower both the blood pressure and the risk for diabetes. Eat one-half to one cup of whole-grain cereal every day. Look for at least four grams of fiber per serving.

Luc Djousse, MD, Brigham and Women's Hospital, Boston.

Zinc may be bad for the eyes. Previous studies have shown that high doses of Zinc combined with antioxidants decrease risk for vision loss in people with advanced age-related macular degeneration (AMD). However, a new study has found high levels of zinc in microscopic eye deposits linked with early AMD. Check high doses with your doctor.

Imre Lengyel, PhD, University College, London, England.

Tandem-Heart may make heart surgery possible in patients who would otherwise be too weak to survive a medial procedure. It is a temporary pumping device that takes over for the heart for up to two weeks, until the heart recovers. It is covered by Medicare. [St. Luke's *might* be the only Milwaukee-area provider-Ed.]

Kirk Garratt, MD, Lenox Hill Hospital, New York, New York.



Flu can lead to heart attack. In people with the flu, white blood cells release enzymes that fight the illness—but these enzymes also can inflame and damage coronary arteries. A 33% increase in heart attacks has been identified during flu outbreaks.

Mohammad Madjid, MD, Texas Heart Institute, Houston.

Brain Health may be enhanced by eating seeds. Flax, sunflower, sesame, and pumpkin seeds all contain high levels of polyunsaturated oils, as well as protein, vitamins, and minerals—including magnesium, especially important for brain health. Nibble them instead of fried snacks, or add to salads. Measuring not needed, but three to four tablespoons per day is considered ideal.

Larry McCleary, MD, Incline Village, Nevada.

Men who are gaining weight and losing interest in sex should have their hormone levels checked. Low levels of male hormones are a precursor of metabolic syndrome (MS), whose symptoms include increased belly size, blood pressure, cholesterol, and blood-sugar abnormalities. This syndrome can lead to other diseases, such as diabetes and cardiovascular disease.

Annabelle Rodriguez, MD, Johns Hopkins School of Medicine

A new heart surgery technique will allow doctors to replace heart valves without opening a patient's chest. Stents with collapsible valves folded inside are for the aortic valve only, and are inserted through a leg artery and passed up into the heart. Clinical trials are under way.

Robert O. Bonow, MD, Feinberg School of Medicine, Chicago

Serious mental illness is more common in the workplace than most people realize. One worker in every 12 has a debilitating mental illness, such as depression or an anxiety disorder, according to a recent finding. Consult your doctor if you develop symptoms such as confused thought, persistent sadness or anger, or a general inability to cope. Symptoms in co-workers should be brought to the attention of HR or management.

Geoff Birkett, NARSAD (World's leading charity dedicated to mental health research), Great Neck, New York.

End of Life Rights are important. The right to decline medical treatment is a basic right, and you can be very specific about the kinds of care that you do not want to receive. If you want to allow the natural process of death to follow its course in the terminal phase of sickness, such wishes can be spelled out in a living will. There are many types of medical intervention, so you need to be precise about which ones you don't want and under what circumstances. In addition, your wishes may change with time, making it necessary for you to update your living will. Consult a knowledgeable lawyer in your state.

Wynne A. Whitman, Esq., Schenck, Price, Smith and King, LLP.

Cataract surgery is one of the most common surgical procedures in the United States. About one-half of Americans age 65 and older show significant signs of cataracts, and nearly everyone will develop cataracts—which may or may not be severe enough to interfere with vision.

David F. Chang, MD, University of California, San Francisco.



Strong people stand up for themselves...

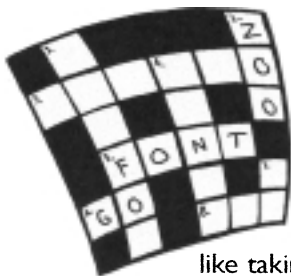
Stronger people stand up for others

DISCLAIMER: Medical and mental health information, and certain other advisories, are taken from reputable sources and believed to be good, sound advice. SAGE personnel have neither the expertise nor resources to verify the claims made. Wherever practicable, the resource is identified with the information. Readers with questions should consult the original source for details.

Health and Wellness

Brain Health

When people think about staying fit, they generally think from the neck down. But the health of your brain plays a critical role in almost everything you do: thinking, feeling, remembering, working, and playing – even sleeping. The good news is that we now know there's a lot you can do to help keep your brain healthier as you age. These steps -- provided by the Alzheimer's Association -- might also reduce your risk of Alzheimer's disease or other dementia.



Stay Mentally Alert

Research has found that keeping the brain active seems to increase its vitality and may build brain cells and connections. You don't have to make extreme changes -- start small,

like taking a daily walk. Then add other small changes. Keep your brain active every day.

Stay Socially and Physically Active

In a study of 800 people aged 75+, those who were more physically active, more mentally active or more socially engaged had a lower risk for developing dementia (those who combined activities did better). Sports, cultural activities, emotional support and close personal relationships have also been found to have a protective effect against dementia. Evidence shows that exercise does not have to be strenuous or even require a major time commitment. It just needs to be done regularly.



Adopt a Brain-Healthy Diet

Adopt a diet that reduces the risk of heart disease and diabetes, encourages good blood flow to the brain, and is low in fat and cholesterol. A study of 1,500 adults found that those who were obese in middle age were twice as likely to develop dementia in later life. Those with high cholesterol and high blood pressure had six times the risk of dementia. Adopt an overall food lifestyle, rather than a short-term diet, and eat in moderation.

Brain Health Tips

- ▶ Stay curious -- commit to lifelong learning, enroll in classes and workshops
- ▶ Read, write, work crosswords and other puzzles, play games
- ▶ Try memory exercises
- ▶ Stay active in the workplace
- ▶ Volunteer
- ▶ Join clubs or groups
- ▶ Try regular aerobic exercise
- ▶ Walk, bicycle, garden, do tai chi, yoga and other activities of about 30 minutes daily
- ▶ Avoid food high in fat and cholesterol
- ▶ Eat more dark-skinned fruits/vegetables (spinach, brussels sprouts, broccoli, beets, red bell pepper, onion, corn, eggplant, prunes, raisins, berries, plums, oranges, red grapes, cherries)
- ▶ Increase intake of cold water fish, almonds, pecans, walnuts.



Health and Wellness Page Source: Alzheimer's Association (www.alz.org). Information on the Health and Wellness Page is meant to supplement, not replace, the care of a professional health care provider. Always talk to your doctor first about health concerns.

Humor for "Our Age..."

DIVORCE VS. MURDER

A nice, calm and respectable woman went into the pharmacy, walked up to the pharmacist, looked straight into his eyes, and said, "I would like to buy some cyanide."

The pharmacist asked, "Why in the world do you need cyanide?"

The woman replied, "I need it to poison my husband."

The pharmacist's eyes got big and he exclaimed, "Lord have mercy! I can't give you cyanide to kill your husband. That's against the law! I'll lose my license! They'll throw both of us in jail! All kinds of bad things will happen. Absolutely not! You CANNOT have any cyanide!"

The woman reached into her purse and pulled out a picture of her husband in bed with the pharmacist's lover. The pharmacist looked at the picture and replied, "Well now, that's different. You didn't tell me you had a prescription."

Parrot Problems

A woman goes to her priest one day and tells him, "Father, I have a problem. I have two female parrots but they only know how to say one thing."

"What do they say?" the priest inquired.

They say, "Hi, we're hookers! Do you want to have some fun?"

"That's certainly disconcerting!" the priest exclaimed. "I may have a solution. I have two male talking parrots, that I taught to pray and read the Bible. Bring your parrots over to my house, and we'll put them in the cage with Frank and Jacob. My parrots can teach your parrots to pray and worship, and your parrots are sure to stop saying that phrase in no time."

The next day, she brought her parrots to the priest's house. There she saw that his two male parrots were inside their cage, holding rosary beads and praying. Impressed, she walked over and placed her parrots in with them. After a few minutes, they cried out in unison, "Hi, we're hookers! Do you want to have some fun?"

There was a stunned silence. Finally, one male parrot looked over at the other male parrot and exclaimed, "Put the beads away Frank, our prayers have been answered!"

Why Fund-raising Is So Difficult

The United Way realized that it had never received a donation from the city's most successful lawyer, so a volunteer paid the lawyer a visit in her lavish office.

The volunteer started by saying, "Our research shows that even though your annual income is over two million dollars, you don't give a penny to charity. Wouldn't you like to give something back to your community?"

The lawyer thinks for a minute and says, "Did your research show that my mother is dying after a long, painful illness and she has huge medical bills far beyond her ability to pay?"

"Uh... no, it didn't show that."

"Secondly, did it show that my brother, a disabled veteran, is blind, confined to a wheelchair, unable to support his wife and six children?"

The volunteer begins to stammer but is cut off again.

"Thirdly, did your research show my sister's husband died in a car accident, leaving her with a mortgage and three children?"

The rep, completely beaten, says, "I'm so sorry. I had no idea."

"So...if I didn't give any money to them, what makes you think I'd give any to you?"

Daffy-Nitions

ADULT: A person who has stopped growing at both ends and is now growing only in the middle.

BEAUTY PARLOR: Where women curl up and dye.

CANNIBAL: Someone who is fed up with people.

COMMITTEE: A body that keeps minutes and wastes hours.

EGOTIST: Someone who is usually me-deep in conversation.

HANDKERCHIEF: Cold Storage.

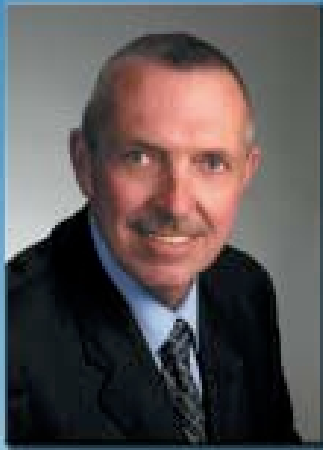
MOSQUITO: An insect that makes you like flies better.

SECRET: Something you tell to one person at a time.

TOOTHACHE: The pain that drives you to extraction.

TOMORROW: One of the greatest labor saving devices of today.

YAWN: An honest opinion openly expressed.



Law Offices

Arthur B. Smith, P.A.

Galleria Professional Building
915 Middle River Drive, Suite 420
Fort Lauderdale, Florida 33304
Phone: 954-564-8844
Email: ASmith5826@bellsouth.net

Member of the Florida
and Massachusetts Bar

Trusts

Revocable, Irrevocable
and
Charitable Remainder

Wills

Last Will and Testament
and
Related Documents

Probate

Estate and Trust Administration

Real Estate

All Transactions

NOTICE: The hiring of a lawyer is an important decision that should not be based solely on advertisements. Before you decide, ask the attorney to send you free written information about qualifications & experience.

MEN'S SINGLES GROUP ~ by John Chandler ~

The mission of the monthly gathering is to introduce men who are not in a long term relationship to other men who are in the same situation. The purpose of the monthly meetings is to meet new people, promote and develop a network of friendship for support and socializing, and to provide support to those who have lost their partners because of death or the end of a relationship.

The next meeting is on Monday, April 28, 2008. Join us for cocktails at the bar at 5:30 PM followed by dinner at 6:30 PM at Tropics. Please contact John Chandler at 954-427-5355 or e-mail at: stonyman4u@aol.com, to make your reservation, and don't forget to wear your "RED SHIRT". **This is a SAGE sponsored activity.** ■

PAID ADVERTISEMENT



Sunshine Cathedral

A METROPOLITAN COMMUNITY CHURCH
AFFILIATED WITH THE CENTER FOR PROGRESSIVE CHRISTIANITY

Sharing the Light with the World

1480 SW 9th Avenue
Fort Lauderdale FL 33315 USA
Grant Lynn Ford, CANON PASTOR

OFFICE 954-462-2004
FAX 954-462-7070
TOLL-FREE 877-750-6390

VARIETY SHOW UPDATE

It's finally upon us. After more than a year of planning, **SAGE Variety Show 2008** will take place on **Saturday, April 12, 2008 at 8 PM at the Sunshine Cathedral**. As you know, we had to reschedule our fall show due to ongoing renovations at the Sunshine Cathedral, but that only gave us more time to make this show even better. It's been both very exciting and a lot of hard work by the show's committee members, our cast of entertainers and all the volunteers. Rehearsals have gone very smoothly and have been loads of fun.

I was elated last month when I received a call from Todd Wiley, Director of the **Fort Lauderdale Gay Men's Chorus**, informing me that he decided to cancel Saturday's performance at Pride Fest and have the entire Chorus, 91 members, perform for us in the **SAGE Variety Show 2008**. What a surprise! And what a welcome addition and a special honor that will be for us that night having the whole chorus performing together with the **Lambda Chorale, in Harmony, The New Sagettes** and many of your local favorites.

The renovations at the Sunshine Cathedral are just about completed and SAGE will be the first group to use the newly updated Worship center. This performance will truly be a spectacular event. I don't know about you, but I can't wait.

For those of you who still haven't gotten your tickets yet, you may obtain them by mailing in the bottom portion of the Variety Show flyer enclosed in this newsletter, to the office with your check.

See you at the show!!! ■

Sal Orlando

"SENIOR ACTION IN A GAY ENVIRONMENT"

Dear Folks, Please include a stamped, self-addressed envelope, so we can send you your new MEMBERSHIP CARD. THANK YOU.

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

HOME PHONE: _____

OFFICE: _____

CELL: _____

E-MAIL ADDRESS: _____

BIRTHDAY: _____

COMMITTEE INTEREST: _____

CIRCLE ONE:

RENEWAL

NEW MEMBER

PLEASE ENCLOSE A CHECK IN THE AMOUNT OF \$35.00 MADE PAYABLE TO: SAGE OF SOUTH FLORIDA

MAIL TO:

SAGE of South Florida, Inc.
8333 West McNab Road, Suite 239
Tamarac, FL 33321

SAGE NEEDS YOU!
PLEASE JOIN OR RENEW TODAY

For additional information, please call the message line: 954-720-0833



**with Carl M. Galli
and Ken Goodman**

Our April 21st film became a cause celebre when it was released in 1990. "Europa, Europa" tells the story of a young boy (Salomon Perel/ Josef Peters, played by a gorgeous **Marco Hofschneider**) in Nazi Germany who tries to conceal that he is Jewish by joining the Hitler Youth Movement. This is a beautiful but brutal look at the hideous indoctrination that German youth were subjected to, giving the sub-

jects depth beyond a few simple lines. Relevant now, this movie shows the absurdity inherent in such large scale, world-shattering conflicts.

When the German Oscar selection committee purposely failed to include it as their official submission for the Best Foreign Language Film Oscar, they were highly embarrassed when it went on to become one of the most successful German films ever released in the US. Directed and written by **Agnieszka Holland**, "Europa, Europa" also went on to win the Golden Globe, National Board of Review, New York Film Critics Circle, and Boston Society of Film Critics Awards for Best Foreign Language Film. (Along with several other nominations for writing and score.)

With a radiant **Julie Delpy** (as Leni) and the real-life **Solomon Perel** as himself, this film will give you plenty to think about.

In **German/Russian with English subtitles**, it runs just under 2 hours long. (Charged with homoeroticism, the film has a viewers' alert for nudity.) "Europa, Europa" screens **Monday, April 21st, at 4PM at the GLCC**. Dinner at Tropics will follow. *This is a SAGE sponsored activity.* ■

PAID ADVERTISEMENT

So many "Italian style" restaurants...



But only one "authentic" Primavera!

Lake Como, near Milan, is famous for fine Italian cuisine. It's where chef/owner Giacomo perfected his culinary talent. No wonder his menu at Primavera features selections you would only find in Italy, with the freshest ingredients and classic flair. All served with professional attention. Vero Italiano—true Italian! Join us at Primavera, and you'll taste it.

Dinner 7 Nights 5:00-10:00 PM
Reservations suggested
Private room available
For 10 to 150 guests
Lunch or dinner



830 E. Oakland Park Boulevard, Fort Lauderdale
954.564.6363 • www.trueitalian.com

PAID ADVERTISEMENT



Screenprinting / Embroidery / Direct Printing

www.precisionprintwear.com
954.561.2019

Corporate Wear ♦ T-Shirts ♦ Caps
Promotional Wear ♦ Event Wear

**Support The Party That Supports You
JOIN THE DOLPHIN
DEMOCRATS TODAY**

Join us for 2008 as we work toward the big prize - recapturing the White House. There is also much to do in Florida and Broward County as we work to ensure the voice of the GLBT community is a vital part of our political process.



Membership is only \$25, \$40 for a couple.
We meet every 2nd Wednesday, 7:30 pm
at the GLCC, 1717 N Andrews Ave.
in Fort Lauderdale.

To join, visit our website at www.dolphindems.org, call 866-478-8262 for more info, come to our next meeting to learn more, or tear off and return this form

Please send me a membership brochure:

Name _____
Address _____
City/State/Zip _____

Please clip and return to:
Dolphin Democrats, PO Box 7437, Ft. Lauderdale FL 33338

PAID ADVERTISEMENT

**Broward's Oldest Steak House
and Seafood Restaurant**

"Since 1949"

OPEN 7 DAYS A WEEK

989-2500

Famous For

CHAR BROILED STEAKS

FRESH SEAFOOD

ITALIAN CUISINE

PRIME RIB

THE ORIGINAL



**Tropical
Aces**

Service ...

Attentive

Prices ...

Reasonable

Atmosphere ...

Inviting

Monday through Saturday 4:30 p.m. to 10:00 p.m.

Sunday 3:00 p.m. to 9:00 p.m.

2500 Griffin Road (1/2 mile west of I-95)

★ MUSIC NIGHTLY ★ BANQUET FACILITIES

★ FULL COCKTAIL LOUNGE

Happy Hour – 1/2 Price Drinks Sun-Fri 'till 7:00 pm.

New England Clam Bake – 1.1/4# Maine Lobster for \$16.95

PAID ADVERTISEMENT



**ANDREWS
DINER**

"A Family Restaurant"

*Daily Homemade
Lunch and Dinner Specials*

Hours:

Mon., Tues., Wed. 7:00AM - 3:00PM

Thurs., Fri. 7:00AM - 8:00PM

Sat. 7:00AM - 3:00PM

Sun. 7:00AM - 1:30PM

HOSTS: ANGELO, GERRI & MARLA

2980 N. Andrews Avenue

Fort Lauderdale, Florida 33311

(954) 563-3555

SAGE MISSION STATEMENT

SAGE of South Florida is a non-profit organization for **Senior Action** in a **Gay Environment** to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality and religion. We believe this can be accomplished by sponsoring social alternatives to provide personal interaction, offering educational opportunities to deal with the special needs of aging, and promoting contact with the isolated and homebound persons of our community. **SAGE** is also an advocate for the concerns and needs of the senior GLBT community at large, providing referral information of community resources and promoting inter-generational communication in the GLBT community.

SAGE was founded in 1994 as a Florida "not for profit" Corporation. (Federal Tax-Exempt status of 501(c)3 allowing tax-deductible donations). ■

PAID ADVERTISEMENT



FRED HUNTER'S

SINCE 1890

FUNERAL SERVICE • CREMATION • CEMETERIES

718 S. FEDERAL HIGHWAY, FORT LAUDERDALE

6301 TAFT STREET, HOLLYWOOD, FLORIDA

2401 S. UNIVERSITY DRIVE, DAVIE, FLORIDA

MARK VAN REES, MANAGING DIRECTOR

SCOTT CUMMING, MANAGING DIRECTOR

FAMILY OWNED AND OPERATED

FUNERAL HOMES IN FORT LAUDERDALE,

HOLLYWOOD, DAVIE/COOPER CITY,

AND

HOLLYWOOD MEMORIAL GARDENS CEMETERY

HOLLYWOOD, FLORIDA

954-527-1550

WWW.FREDHUNTERS.COM



Come Enjoy a Beautiful Day with SAGE
at this Unique, Outdoor Tropical Attraction

**Meet Us at the GLCC at 10:30 AM from which we'll Caravan
or at the Gardens' Front Court Yard at 11:30 AM on**

SATURDAY, MAY 10th, 2008

3750 S Flamingo Road, Davie, Florida 33330

(954) 473-2955

**Directions: Take I-95 North or South to I-595 West to Flamingo Road (Exit #1B)
Travel South 2 miles on Flamingo Road**



Pricing: \$13 MEMBERS & \$15 Non-MEMBERS

includes:

Escorted Tour by Tram

Narrated tram ride through the tropical rainforest, native hammock, wetland area, and groves. The tour is fully narrated, lasting approximately 25 minutes. **Leaves every hour on the hour from 11:00 to 4:00**

The Wildlife Encounter

Live presentation featuring Florida's native wildlife, birds of prey & reptiles, and their relationship to the environment. **Offered daily at 12:30, 1:30 and 2:30, weather permitting**

For Mothers' Day: African Violet Show

Historical Wray Home Built in 1933

A focal point of the Gardens. Registered with the Historical Commission. **Guided tours from 10:00 to 4:00**

plus:

**Everglades "Free Flight" Aviary; Bird of Prey Center; Tropical Plant House; Alligator Lagoon & MORE
"Flamingo Cafe" Lunch, Snack & Refreshment Center (not included in price) Open for Light Meals
NON-Refundable Reservations Close No Later than Wednesday, May 7th, 2008**

SAGE Visits "FLAMINGO GARDENS"

____ MEMBERS @ \$13.00 ____ NON-MEMBERS @ \$15.00 MY PHONE NUMBER: _____

Name: _____ Name: _____

Name: _____ Name: _____

Mail with Payment to SAGE at 8333 W. McNAB Road, STE. 239, TAMARAC, FL.

33321 Questions: Call the SAGE office at (954) 720-0833

A SAGE-SPONSORED ACTIVITY

join your SAGE family as we celebrate Diversity with



in HARMONY

Randy Leonard: Artistic Director

**SATURDAY, MAY 31, 2008
8PM**

**at their main show of the Season
"Imagine - Our World in Harmony"
a celebration of our world community**

highlighting music and cultures of our diverse world, with songs of unity and harmony

**Broward County Main Library Auditorium
100 S. Andrews Ave. Fort Lauderdale 33301 (954)357-7444
There will be Seats Set-Aside for SAGE**

Non-Refundable Tickets: \$18 MEMBERS & \$20 NON-MEMBERS

**These tickets are first paid/first reserved
Reservations will close No Later Than Wednesday, May 28th**

no more than 4 tickets to one address

SAGE goes to see in HARMONY: "Imagine - Our World in Harmony"
___ MEMBERS @ \$18 & ___ NON-MEMBERS @ \$20 My Phone Number: _____

NAME: _____ NAME: _____

NAME: _____ NAME: _____

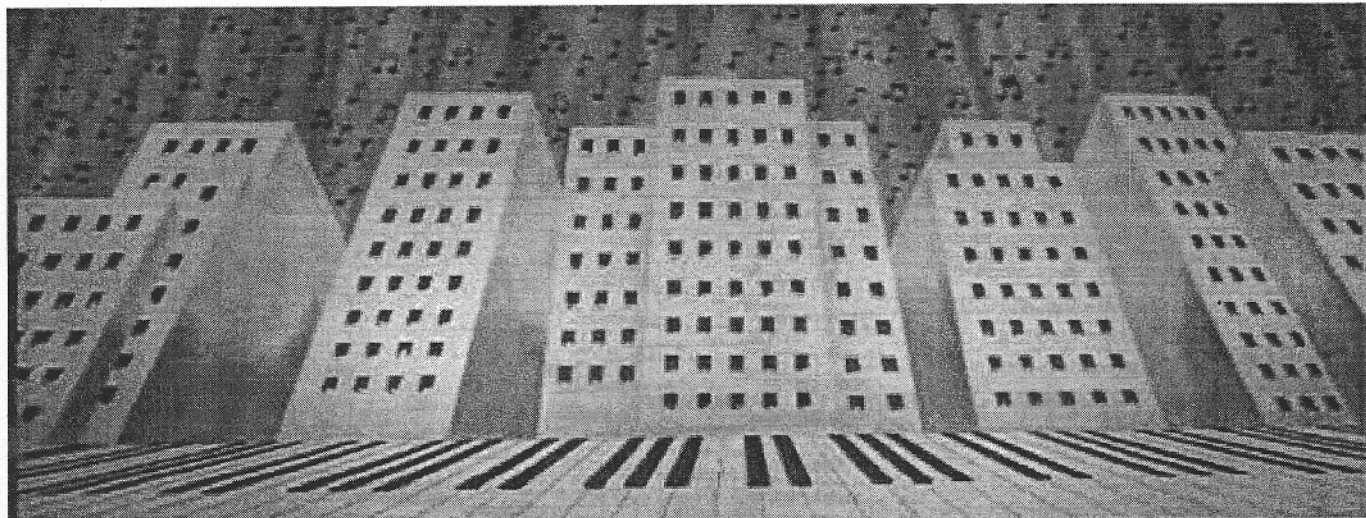
Please Mail with Payment to: SAGE 8333 W. McNab Rd., Ste. 239, TAMARAC, FL 33321
Tel: (954) 720-0833 A SAGE-Sponsored Activity

**IF YOU WANT TO JOIN SOME OF US FOR DINNER (ON A CASH BASIS -NOT INCLUDED in TICKET PRICE) at the "PALM GRILL" in RIVERWALK, at 6PM, PLEASE CHECK HERE ⇒ _____ ⇐
and we will contact you by phone**



SAGE presents

VARIETY SHOW 2008



©Grosh

MUSIC & DANCE, COMEDY & DRAG!

SATURDAY, APRIL 12, 2008
SUNSHINE CATHEDRAL MCC
1480 SW 9 AVE., FT. LAUDERDALE, FL

ONE SHOW ONLY * EVENING 8PM
\$25.00

hosted by **Mr. SANDY ROSS**

featuring performances by the Ft. Lauderdale Gay Men's Chorus Ensemble,
in-Harmony, the Lambda Chorale, Mr. Sandy Ross as Marlene Dietrich,
the NEW-SAGETTES, and many other local favorites

for TICKETS CONTACT the SAGE OFFICE: (954) 720-0833

SAGE presents *VARIETY SHOW 2008*
_____ GENERAL ADMISSION TICKETS @ \$25.00

My Phone Number: _____

Primary Purchaser's NAME: _____

and ADDRESS: _____

Mail to SAGE at 8333 W. McNAB Road, STE. 239, TAMARAC, FL. 33321

Questions: Call the SAGE office at (954) 720-0833

A SAGE-SPONSORED ACTIVITY

SAGE 3 MONTH CALENDAR OF EVENTS AND ACTIVITES

APRIL 2008 THRU JUNE 2008

APRIL 2008	ACTIVITY / EVENT
SATURDAY 04/05	BOARD MEETING: 9:30 AM LUNCH & LEARN: 12:30PM HERB SKOLNICK COMMUNITY CENTER-PALM AIRE 800 SW 36TH AVE, POMPANO BEACH
TUESDAYS 2ND & 4TH	COMPUTER CLUB CONTACT KEN GOODMAN FOR DETAILS AT: (954)720-0833
WEDNESDAY	MEN'S DROP IN 1PM GLCC (EVERY WEDNESDAY)
THURSDAY	CO-ED DROP IN 1PM GLCC (EVERY THURSDAY)
WEDNESDAY 04/09	SAGE WOMEN's LUNCH:12 NOON at the ARK Restaurant. Contact Jan at 954-428-2998
SATURDAY 04/12	SAGE BOOK BUNCH: 2PM BORDERS SUNRISE.
SAT & SUN 4/12-4/13	PRIDE FEST 2008, War Memorial Auditorium, Holiday Park. Please visit the SAGE booth!
SATURDAY 04/12	SAGE VARIETY SHOW 2008, MCC 8PM, One show only! Tickets \$25, please call the SAGE office.
MONDAY 04/21	SAGE MOVIE, "EUROPA, EUROPA", 4PM, GLCC Followed by dinner at Tropics.
MONDAY 04/28	SAGE MEN'S SINGLES: 5:30PM TROPICS. Contact, John Chandler, 954-427-5355
MAY 2008	ACTIVITY / EVENT
SATURDAY 05/03	BOARD MEETING: 9:30 AM LUNCH & LEARN: 12:30PM HERB SKOLNICK COMMUNITY CENTER-PALM AIRE 800 SW 36TH AVE, POMPANO BEACH
TUESDAYS 2ND & 4TH	COMPUTER CLUB CONTACT KEN GOODMAN FOR DETAILS AT: (954)720-0833
WEDNESDAY	MEN'S DROP IN 1PM GLCC (EVERY WEDNESDAY)
THURSDAY	CO-ED DROP IN 1PM GLCC (EVERY THURSDAY)
SATURDAY 05/10	SAGE BOOK BUNCH: 2PM BORDERS SUNRISE.
SATURDAY 05/10	Pre-Mothers Day visit to "Flamingo Gardens". See flyer for details.
WEDNESDAY 05/13	SAGE WOMEN's LUNCH:12 NOON (TBD). Contact Jan at 954-428-2998
MONDAY 05/19	SAGE MOVIE, "Notes on a Scandal", 4PM, GLCC Followed TBD
MONDAY 05/26	SAGE MEN'S SINGLES: 5:30PM TROPICS. Contact, John Chandler, 954-427-5355
SATURDAY 05/31	in-HARMONY Concert at Broward Library 8PM preceeded by Dinner at the Palm Grill (Riverwalk) at 6PM, Reservations close 05/28.
	(continued on other side)

SAGE 3 MONTH CALENDAR OF EVENTS AND ACTIVITES**APRIL 2008 THRU JUNE 2008**

JUNE 2008	ACTIVITY / EVENT
SATURDAY 06/07	BOARD MEETING: 9:30 AM
	LUNCH & LEARN: 12:30PM
	HERB SKOLNICK COMMUNITY CENTER-PALM AIRE
	800 SW 36TH AVE, POMPANO BEACH
TUESDAYS	COMPUTER CLUB
2ND & 4TH	CONTACT KEN GOODMAN FOR DETAILS AT: (954)720-0833
WEDNESDAY	MEN'S DROP IN 1PM GLCC (EVERY WEDNESDAY)
THURSDAY	CO-ED DROP IN 1PM GLCC (EVERY THURSDAY)
WENESDAY 06/11	SAGE WOMEN's LUNCH:12 NOON (TBD). Contact Jan at 954-428-2998
SATURDAY 06/14	SAGE BOOK BUNCH: 2PM BORDERS SUNRISE.
MONDAY 06/16	SAGE MOVIE, "STARDUST", 4PM, GLCC Followed by dinner TBD
SUNDAY 06/22	GAY MEN's CHORUS: :Rockin' with the Rhythem" - Broward Center Amaturro Theater
	Preceeded by dinner at the Palm Grill (Riverwalk) at 6PM. Reservations close 6/11.
MONDAY 06/23	SAGE MEN'S SINGLES: 5:30PM TROPICS. Contact, John Chandler, 954-427-5355