

The SAGE

The Newsletter of SAGE of South Florida

June 2022

JUNE GAY DAYS



On June 28, 1970, the first anniversary of the Stonewall “raid and uprising,” thousands of people gathered in New York and marched from the Stonewall Inn to Central Park. This “Christopher Street Liberation Day” parade showed the visibility and solidarity of the LGBTQ+ community and underscored its commitment to fight for equality and respect. This “Pride Parade” became an annual event. Other American cities began holding their own annual commemorative events. In 2000, President Bill Clinton officially declared June as Pride Month.

Pride Parades and celebrations are now ubiquitous and not just an American phenomenon. *Gaytravel.com* lists June Pride events in Austria, Brazil, Finland, France, Germany, Hungary, Norway, Spain, Sweden, Switzerland, and Thailand. Closer to home, we have our own Stonewall Pride Parade here in Wilton Manors on June 18th. And, during the first week of June Pride Month, the Orlando area and Disneyworld – “America’s Happiest Place” – becomes one of America’s *Gayest*.

Gay Days began one day in June, 1991, when over 3,000 LGBTQ+ persons attended Disneyworld wearing red shirts to make their presence known. By 2010, over 150,000 persons participated. The celebration has expanded to other theme parks and venues in the Orlando area and has become an attraction all of its own. Although the Disney organization has never officially sanctioned “gay days” at its complex, the company’s tacit recognition of the importance of its LGBTQ+ market is reflected in recent political skirmishes.

So, however or wherever you celebrate Pride Month, take a moment to acknowledge your own journey of acceptance, validation and self-affirmation. Come along, and sing your song, and join the jamboree.

COME TO THE ROUND TABLE – IN PERSON OR ON ZOOM

The Round Table now joins Men’s Drop-In and SOBA in the hybrid format – meetings held simultaneously in-person and on the ZOOM online platform. The Round Table meets at 2:30pm, on the 2nd and 4th Monday of the month, in Room 206 of the Pride Center. At each session, a guest moderator presents information and leads a discussion on contemporary topics and ideas. See Page 3 for the topics scheduled for June, then join us live or on Zoom!

SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have.
If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
LAURENCE	TURK	June-04	A. PATRICK	VALCHANT	June-16
RON	VIDAKOVICH	June-04	JOSEPH	LEONARD	June-17
ETHEL	WEINBERGER	June-05	VICKY	ROBBINS	June-18
JERRY	ZIERTMAN	June-05	RAY	STRUBLE	June-18
RICHARD	CARRAZZA	June-06	JOHN	SMITH	June-18
RAFAEL	AGNE	June-08	KEITH	GORE	June-19
NORMAND	LECLAIR	June-08	CHUCK	BELL	June-21
BILL	SORN	June-08	GLORIA	KEY	June-21
DON	SQUIRE	June-09	LARRY	LEARY	June-21
FRANK	SWEET	June-09	RICH	WINTER	June-21
BOB	NOONAN	June-09	JERRY	HEATON	June-23
DAN	DRISCOLL	June-10	MARIO	ONESSIMO	June-29
BEVERLY	JORDAN	June-13	DAVID	COHEN	June-30
PAUL (SONNY)	MILLER	June-14	DAVID	MURPHY	June-30
SAL	ORLANDO	June-16			

5 Year Anniversaries

JEFY GAINES

If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.

New Members

RICHARD CROWNER, BRIAN DOUGLAS, LARRY ELWYN, KEITH GORE, ROBERT HOOKER, JIM HOPKINS, JOSEPH JENKINS, RANDALL KENNEDY, KENDRA MASCARA, TERRENCE MASCARA, JAMES OKEEFE, MARIO ONESSIMO, GARY PETERS, KENNETH POPE, TONY PRIDY, CRAIG ROSENBLATT, JOHN SANCHEZ, DON SQUIRE, DENNIS ST JEAN, SCOTT SULLAM, JERRY WEISSFELD

SAGE OF SOUTH FLORIDA

OFFICERS

President: Patrick S. Vida
Vice President: Carl Barton
Secretary: Ken Goodman
Assistant Secretary: Michael Vita
Treasurer: Allen Churchman

BOARD MEMBERS AT LARGE

Jefy Gaines
Lee Lawson
Marilyn Lamkay
Kathy Macchio
Paul McNamara
Sal Orlando
Lisa Peters

VOLUNTEERS

Jean Arthurton
Hank Brooks
Frank Cavanaugh
Philip Collier
Marc Flanagan
Michael Gagne
Gene Majka
Sonny Miller
Ken Moore
Frank Piasecki
Ron Wudarsky

Lifetime Members

BOB ADAMS – ROBERT J BOZEK – GEORGE CASTRATARO – DONALD CURIALE – MATT FARBER – JODI A FISCHER
MARC FLANAGAN – MICHAEL GAGNE – JEFY GAINES – JOHN GAMBINO – RICHARD GILMER – KENNETH GOODMAN
JUDITH HARTSHORN – JACKSON HAVERLY – RICHARD E HERMAN – MD HUSSAIN – JEAN JOHNSON – MARILYN LAMKAY
TOMMASO LEPORE – PATTI LYNN – KATHY MACCHIO – PAUL MCNAMARA – DAVID MURPHY – SAL ORLANDO – BRETT PEELER
HUGH RANCE – CLAYTON RANEY – GARY RESNICK – WAYNE SCHREBE – RICHARD SCHWARZ – ANN SMITH – ALLEN SPIESS
ALAN R SUTHERLAND – STEVE THAYER – TONY TSAGRIS – RAQUEL C WHITE – NORMA WINGO – JOSEPH YATES

SAGE MISSION STATEMENT: SAGE of South Florida (Senior Action in a Gay Environment)) is a non-profit organization which seeks to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, by offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations.

SAGE EDITORIAL POLICY : SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

Email to Editor: sagesofl@gmail.com

Attn: Editor

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PO Box 70516
Oakland Park, FL 33307

Website: www.sagewebsite.org

Facebook: www.facebook.com/SageOfSouthFloridaInc



THE ROUND TABLE

Paul McNamara

This CoEd group, sponsored jointly with The Fort Lauderdale Prime Gentlemen, is **meeting live in Room 206 of the Pride Center and simultaneously online using the Zoom platform** to discuss contemporary topics and ideas from **2:30-3:30pm** on the **second and fourth Monday of each month**. Sessions have a moderator who presents a brief background on the discussion topic chosen for the session. The topic scheduled for **June 13th** is **The View from Ninety-Two** presented by John Siegfried: *The kaleidoscope of life looks different at age 92 than it did at age 52, 62 or 72. As a nonagenarian, John will share his sense of what his view from 92 looks like. He'll encourage all meeting participants to share the experiences that have shaped their views and actions whatever their age.* The topic scheduled for **June 27th** is **The Benefits and Advantages of Humor** presented by Michael Brodie: *Michael has been speaking on humor for over two decades doing laughter exercises and discussing the benefits and advantages of a good sense of humor for health and happiness for numerous senior and professional organizations. He's been known to tell a few representative jokes, perhaps more than a few.*

Please email Ed Slough at **WILDHYBRID@aol.com** if you would like to be on the mailing list to receive notice of upcoming topics and background material for the sessions.

SAGE CO-ED DROP-IN

Michael Gagne & Kathy Macchio

Ladies of SAGE, may we have your ATTENTION PLEASE! Come to the Co-Ed Drop-In. Kathy and Michael are your hosts, every **Thursday at 3:00pm. Join the fun on Zoom!** It's all user-generated content – Participants bring topics, stories, and concerns to share or discuss. Check us out. Schmooze, kibitz, see some of your old friends and make some new ones. Check your emails from SAGE for the weekly announcement and link to the meeting. All (including men) are welcome!



NOTES FROM THE MEN'S DROP-IN



Carl Barton & Jefy Gaines



SAGE/Prime Gentlemen Men's Drop-In, **Wednesdays, a Hybrid: In person at the Pride Center and via Zoom, 1:00pm**

to 2:00pm. We successfully started the hybrid meeting format on April 13 and we will follow CDC and WHO guidelines regarding in-person meetings. June is busting out all over. We are joined by Prime Gentlemen and friends locally and from around the country and around the world via Zoom. All are welcome. We share. We kibbutz. We schmooze. We start at 1:00pm, first with announcements and then we share whatever is on our minds, activities, family stories, movies, and current events. Captain Carl and I, Jefy, are your hosts. It's all in fun and sometimes it does get serious. At about 2pm we close with a couple of jokes. Anyone can contribute a joke or four. And in-person we then indulge in President Patrick's fabulous sweet baked treats. Full disclosure: Sometimes the jokes are not that funny and audience moaning is acceptable since it's always good-hearted fun and we give our jokesters an "A" for effort. So, come on down or log on and join the fun!



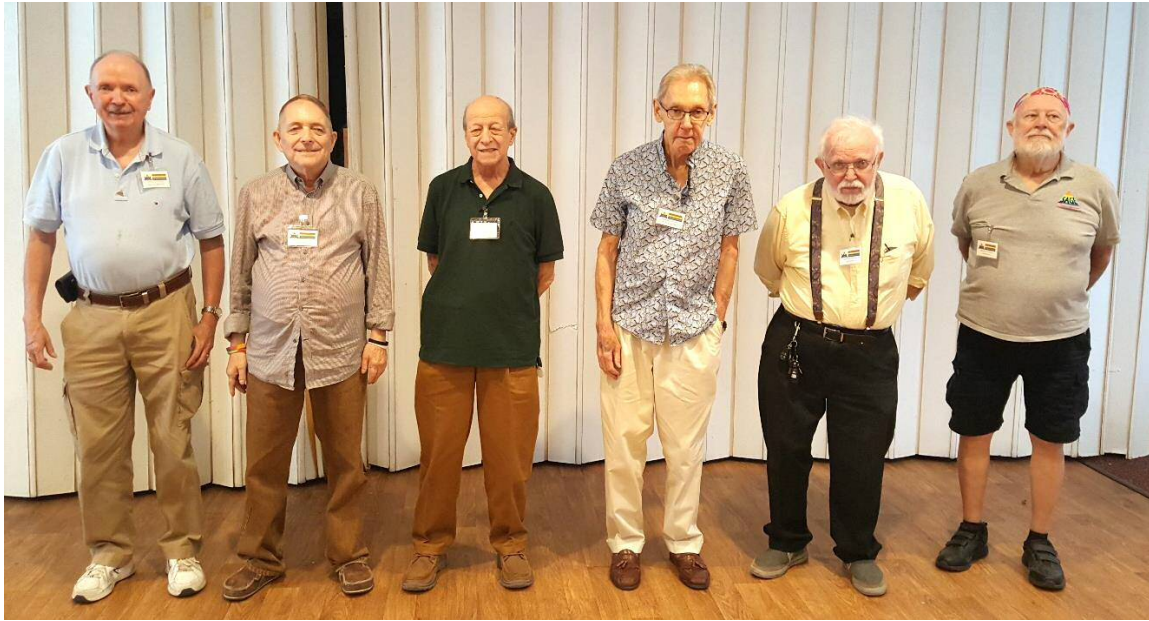
SAGE ON THE BORDER/ALTERNATIVES (SOBA)

Frank Piasecki & Jean Arthurton



This Co-Ed discussion group meets every Monday at 11:00am at the Volen Center, 1515 W. Palmetto Park Road, Boca Raton, subject to COVID safety precautions and requirements. **Those unable to attend in person can participate remotely via the Zoom video conferencing platform.** If you don't have access to video-conferencing devices, you can participate by calling in to the meeting on your cell phone. Watch your email for the weekly eblast announcement. Everyone is welcome.

SAGE Milestone Birthday Celebration



*For up-to-date news and information about SAGE, follow us on Facebook: **SAGE of South Florida, Inc.**
View more photos by visiting the Photo Gallery at our Website: www.sagewebsite.org*

Lunch & Learn *at the Skolnick Center*



SAGE Night Out *at Tropics*



SOCIAL LITES

Sal Orlando

Can't believe it's June already. Half the year is gone. The summer's steamy heat is upon us. The way I handle it is to think ahead that around four months from now, we will start enjoying South Florida's gorgeous fall and winter weather once again.



This past month we all enjoyed a **Meet-Up** at Rosie's on the Drive on the **17th** once again after quite a few years. I'm happy we did, getting great food, and enjoying a fun and lively atmosphere, and excellent service. A definite repeat for next year.

This month **SAGE**, on **Wednesday, June 22nd**, once again, goes to **Bona Italian Restaurant** on the Drive. There is a fabulous bar on the right as you walk in, which recently started serving liquor after only serving wine and beer. There we will partake in cocktails and conversation from **5:00PM to 6:00PM** followed by a delicious three-course Italian dinner. Don't miss this event.

Save The Date: Sunday, July 17th, we return to the very popular **Tequila Sunrise**.

Please Note: There is a reason for **SAGE** to have a reservation cut-off date and time for each event. Therefore, no reservations will be accepted after such time.

As always, watch for news about upcoming events, read your **Social Lites Column**, and for ongoing activities, consult your **SAGE** Calendar for meeting times and places.

Ciao for now!

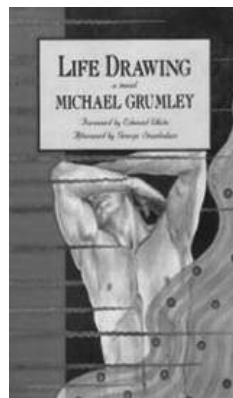
SAGE NIGHT OUT

Ed Slough

On **Tuesday, June 28th**, SAGE is having an informal dinner at **Tropics Grille**, 2000 Wilton Drive, Wilton Manors. Drinks and cocktails will be from 5:30PM to 6:30PM, with "Happy Hour" prices at the bar, and dinner at 6:30PM. Tropics has offered SAGE all dinners at half-price (no longer 2 for 1) to make the evening simpler for you. This is an event for friends to get together and celebrate the ability to socialize in person once again. It should be a good time for all. Please email me to let me know if you plan to attend so I can give Tropics a heads-up. My email is: wildhybrid@aol.com. Thanks!



SAGE BOOK DISCUSSION GROUP



From the plains of the Midwest to the close humidity of New Orleans to the crazy heat of Los Angeles, **Michael Grumley's *Life Drawing*** travels the course of love and its destruction, of the fragile balance of commitment and exploration.

Born in Iowa to the sounds of Bob and Bing Crosby and the Dorsey brothers, Mickey grows up to the comforting images of his living

room TV and the reassuring ruts of his parents' life. During the restless summer of his senior year in high school, drifting away from the girlfriend he could never quite love, Mickey spends a night with another boy, and his world will never be the same. On a barge floating down the Mississippi, he falls in love with James, a black card player from New Orleans, and in time the two of them settle, bristling with sexual intensity, in the French Quarter - until a brief affair destroys James's trust and sends Mickey to the drugs and images of Los Angeles.

Originally published in 1991, it was Grumley's only novel, completed in the months leading to his death from AIDS in 1988 as he was cared for by his lover Robert Ferro - also an AIDS victim. The book includes a forward by Edmund White and an informative afterword by George Stambolian (a close friend of the couple) that puts the novel in the context of Grumley's career. Altogether, it is a worthy lushly-lyrical fictional reminiscence and gay road-novel, valuable for its New Orleans sections.

Of Note: Both Grumley and Ferro were members of the Violet Quill (or the Violet Quill Club), a group of seven gay male writers that met in 1980 and 1981 in New York City to read from their writings to each other and to critique them. This group and the writers epitomize the years between the Stonewall Riots and the beginning of the AIDS pandemic. A cousin of the author is a member of the SAGE Book Club and will be present for the discussion of the book via **Zoom on Saturday, June 11 from 11 AM to 12 noon**.



IN MEMORIAM

TED LIMBAUGH passed away on April 25, 2022, at the age of 80 years. Ted was born February 5, 1941, and had a long career as a pharmacist. He was an avid scuba diver and scuba instructor. Ted was an inspiration to all who knew him. Despite his infirmities, he participated in many SAGE activities with a cheerful and upbeat attitude and always sported a radiant smile. Ted is survived by relatives and his many friends. He will be greatly missed by his SAGE family.

SAGE EMERGENCY FUND

The SAGE Emergency Fund provides financial assistance to LGBT elders in the South Florida tri-county area who have experienced an unexpected financial hardship. Grants of up to \$1,000 are available.

Contact Lisa Peters at the SunServe Senior Services Department [954.764.5150 ext. 103] for eligibility requirements and further information.

FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, or would appreciate a friendly call or a note of cheer, please contact:

Michael Vita @ 786.586.4286

SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

In Broward County – 954.745.9779

In Palm Beach County – 561.684.5885

BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

Rev. Dr. Anne Atwell – 954.462.2004x208 Anne@sunshinecathedral.net

SAGE LUNCH & LEARN

Lunch and Learn is held the **first Saturday of the month, 12:30pm**, at the Herb Skolnick Community Center.
RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.





SAGE Health Tips

Gene Majka, APRN

Welcome. If you have a topic, comment or questions, please send an email to sagesofl@gmail.com.

Gay Plague 2?

As Senior Gay Men we survived HIV/AIDS and now another plague is among us. BUT this one caught early is curable and there already is a vaccine. I am referring to Meningococcal Disease. This is a bacterial disease not caused by a virus. New York, Chicago, and Southern California have noticed significant increases. It has reached South Florida and cases are growing. The increases are among Gay, Bisexual Men, and those with HIV. There are no known medical reasons why it is spreading in our population but there have been many deaths. When I was stationed at Camp Pendleton Naval Hospital in the late 60s we would have an outbreak at one specific site in the camp at our Marine recruits barracks every spring. We never found the cause. **South Florida Gay News (SFGN)** last month already had a cover story about this outbreak.

Communicability

The bacteria are spread by the exchange of respiratory and throat secretions (saliva and spit) via coughing or kissing or long contact in the same household. This bacterium is more difficult to spread than viruses such as COVID, the common cold, or the flu. BUT when it hits it can be deadly.

Signs and Symptoms

Meningococcal Disease has two common outcomes of infection:

1. Meningitis: The tissue covering the brain and spinal cord becomes infected and swells. Primary symptoms are fever, severe headaches and **stiff neck**; additional symptoms can be nausea, vomiting, and confusion.
2. Bloodstream infections: Symptoms are fever or cold chills, fatigue, vomiting or diarrhea, cold hands and feet, severe aches, pain in muscles, joints, chest or belly, rapid breathing, and a dark purple rash.

This is a serious disease and it can cause loss of limb, deafness, brain damage, and death. It is very important to seek medical treatment as soon as possible.

Treatment

The best medication is antibiotics as soon as possible. Unfortunately, up to 20% will die from the infection even with fast and appropriate treatment.

Prevention



The best action to beat this disease is vaccination. All Gay men/MSM regardless of their HIV status or risk factors should get the vaccination. If you have never received this vaccination or you have had one more than five years ago you should get one dose. HIV+ Gay Men will require two doses. Contact your Primary Care Practitioner for availability and insurance coverage. I will be getting one ASAP. Protect yourself and be safe.

References and Resources:

Meningitis outbreaks among gay men have experts puzzled: <https://www.latimes.com/local/lanow/la-me-ln-meningitis-men-20160729-snap-story.html>

Serogroups A, C, W, and Y Meningococcal Disease: What Gay and Bisexual Men: <https://www.cdc.gov/meningococcal/downloads/17-275138c1-meningococcaldis-acwy-outbreak-fs.pdf>

Meningitis (Meningococcal Disease) in Gay Men/Men who have Sex with Men Who should get the Vaccine? <http://www.publichealth.lacounty.gov/hea/library/topics/meningitis/CDCP-IP-0006-01.pdf>

Meningococcal Disease Outbreak, Florida, 2022 <https://www.cdc.gov/meningococcal/outbreaks/FL2022.html>

SAGE cares because YOU care about your health.

Please always seek advice from your primary physician/nurse practitioner (PCP's).

Thank you to my editors Ann Smith GNP, Richard Calvin, R.N. and Martin Horowitz, MD



SAGE AT BONA ITALIAN RESTAURANT



Join SAGE for Dinner at Bona Italian Restaurant
2468 Wilton Drive, Wilton Manors, FL 954-565-7222

Wednesday June 22, 2022 at 5:00pm for Cocktails and 6:00pm for Dinner

Menu for the Evening:

Starter – Garden Salad - Choice of Dressing & our Signature Garlic Knots

Choose from one Entrée:

Three Cheese Ravioli with Ricotta, Pecorino & Parmesan, House Sauce & Garlic

Chicken Parmigiana topped with Tomato Sauce & Mozzarella

Snapper Francese sauteed in Lemon Butter over Spaghetti

Veal Saltimbocca in White Wine, Prosciutto, Marinara Topped with Mozzarella

Dessert - Tiramisu Cake & Sugar Free Option TBA

Dinner includes American Coffee, Iced Tea or Fountain Soda (At Table Only)

Pricing: \$23 Members - \$28 Non-Members
(A Portion of Member Cost Subsidized by SAGE)

Reservations Close 1:00pm Saturday June 18, 2022

No Reservations WILL BE accepted after this Date & Time

Bona Italian Restaurant Wednesday June 22, 2022

#___ Member @ \$23 #___ Non-Member @ \$28 Phone # _____

Name: _____ Entrée Choice _____

Name: _____ Entrée Choice _____

Name: _____ Entrée Choice _____

Mail Payment to: SAGE at PO Box 70516, Oakland Park, FL 33307

Questions: Call the SAGE Message Line at 954-634-7219 - This is a SAGE Sponsored Event

SAGE of South Florida

Lunch & Learn

June 4, 2022, at 12:30pm

**HERB SKOLNICK COMMUNITY CENTER
800 SW 36TH AVENUE, POMPANO BEACH, FL**

RESERVATIONS REQUIRED

MEMBERS - \$15.00 GUESTS - \$20.00

EVERYONE PAYS AT THE DOOR

DOORS OPEN AT 12:15PM

***RESERVATIONS MUST BE MADE BY 12:30PM ON THURSDAY, May 5, 2022,
BY SENDING AN EMAIL TO: sagesofl@gmail.com OR BY CALLING: 954.634.7219***

The speaker will be **Julio Rodrigues** from the **AIDS Healthcare Foundation**.

If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and guests.

June Menu

Romaine Hearts Salad

Fusilli with a Turkey Bolognese
Sauce

Roasted Pork Loin with Sun-dried
Tomato and Rosemary Sauce
(Grilled Chicken Breast Available)

Roasted Potatoes and Zucchini

Apple Strudel with Vanilla Ice Cream

Catered by



CAFÉ
PRIMAVERA

THE SAGE / PRIME GENTLEMEN MONTHLY MOVIE



Hammy and stagey and campy it might be, but ***The Boys in the Band*** turns out to have a fiercely watchable soap-opera intensity, a sustained attack of telenovela craziness, culminating in a full-on anxiety attack from its leading character. It's based on the 1968 off-Broadway hit by **Mart Crowley** (who died in March 2020) about a group of gay men in New York gathering for a birthday party in an era before Stonewall, before AIDS, in a time when metropolitan sophisticates sort of tolerated 'swishiness' in the Bohemian arts scene, and when **Gore Vidal** was saying, *pour épater les bourgeois*, that there were homosexual acts but no homosexual people.

FRIDAY, JUNE 17th
1:30 PM @ the Pride Center
FREE POPCORN AND SODAS