

SAGE SCHOLARSHIP WINNER SELECTED

Congratulations to Audra Sweet, granddaughter of SAGE member Frank Sweet, who has been selected as the 2024 recipient of the Leaders of Tomorrow – SAGE of South Florida Carl M. Galli Scholarship. Audra is an undergraduate at Western Carolina University studying biology and forensic biology intending to pursue a career in healthcare. Audra was presented with a check in the amount of \$1,500.00.

This is the fourth year of the scholarship program named in honor of the late SAGE of South Florida President Emeritus Carl M. Galli. The three members of the scholarship



committee are Board Members Marilyn Lamkay, Lee Lawson, and Michael Vita. Scholarships are awarded to candidates selected on the basis of their academic achievement and engagement with the community.

SAGE LUNCHEON MEET-UP

Join us on Tuesday, July 9, 2024, 1:00PM, for the inaugural SAGE Luncheon Meet-Up at Latin Bohemia Grill, 1261 Powerline Road, Pompano Beach, FL 333069. This is a Meet-Up – When you arrive, just tell the Hostess that you are with SAGE. No advance reservations are necessary. Just show up and pay for what you order.

SAGE Luncheon Meet-Ups will be held on the second Tuesday of each month at 1:00PM.

For more information, see the flyer enclosed in this Newsletter.

The cure for the evils of democracy is more democracy.



- H. L. Mencken, the Sage of Baltimore

Senior Action in a Gay Environment

SAGE Message Line - 954.634.7219 - www.sagewebsite.org

SAGE BIRTHDAYS FOR THIS MONTH

The SAGE Board would like to acknowledge the following members whose birthdays are this month as well as any other member whose birthday that we don't have. If, when you renewed your membership or became a new member you did not give us your birthday, you may call the office and leave the information at 954.634.7219 or e-mail us @ sagesofl@gmail.com.

First Name	Last Name	Birthday	First Name	Last Name	Birthday
ROBERT	BOZEK	JUL-01	MICHAEL	IRADI	JUL-18
MATT	FARBER	JUL-02	PHIL	BOGITSCH	JUL-19
CJ	JOSEY	JUL-04	KEITH	HICKMAN	JUL-20
DAN	CHADBURN	JUL-05	ANDY	MASTERSON	JUL-22
RALPH	TANZI	JUL-06	GEORGE	HASANDRAS	JUL-23
DENNIS	ST JEAN	JUL-07	ROLAND	LAPERLE	JUL-24
JAKE	GUIN	JUL-09	GENE	MAJKA	JUL-25
TIM	KUEHNE	JUL-10	KEN	GAULT	JUL-26
JERRY	PEPPE	JUL-10	MARK	ABRAHAMS	JUL-27
KENNETH	GOODMAN	JUL-12	MARSHALL	BELMAINE	JUL-29
BRETT	PEELER	JUL-13	WILL	MCDARIS	JUL-29
PATTI	LYNN	JUL-17	MITCH	GLUCK	JUL-31

5 year anniversaries

STEVE FLEISCHMAN

20 year anniversaries

Patrick S. Vida

Ken Goodman

Allen Churchman

Michael Vita

Lisa Peters

OFFICERS

CARLOS MORAN

President:

Secretary:

Treasurer:

Vice President:

Assistant Secretary:

If you have had an anniversary with SAGE for either 5, 10, 15 or 20 years and you have not received your pin, please call the SAGE office (954.634.7219) to pick it up.

New Members

WRESH DAWIDJAN, ALVIN MANGRAM, JUAN PEREZ

SAGE OF SOUTH FLORIDA

BOARD MEMBERS AT LARGE

Jim Amon Michael Gagne Jefy Gaines Lee Lawson Marilyn Lamkay Kathy Macchio Sal Orlando

VOLUNTEERS

Jean Arthurton S Frank Cavanaugh E Gene Majka T Paul McNamara F Sonny Miller Ken Moore

Steve Pizzuto Ed Slough Tony Tsagris Ron Wudarsky

Lifetime Members

BOB ADAMS – CHRISTOPHER BATES – JIM AMON – ROBERT J BOZEK – RICHARD CALVIN – PHILIP COLLIER – DONALD CURIALE MATT FARBER JODI A FISCHER – MARC FLANAGAN – JOHN FOXX – MICHAEL GAGNE – JEFY GAINES – JOHN GAMBINO RICHARD GILMER – KENNETH GOODMAN – JUDITH HARTSHORN – JACKSON HAVERLY-– RICHARD E HERMAN – MD HUSSAIN JEAN JOHNSON – TIM KUEHNE - MARILYN LAMKAY - TOMMASO LEPORE - PATTI LYNN - KATHY MACCHIO - J MICHAEL MARTIN PAUL MCNA-MARA – DAVID MURPHY – SAL ORLANDO – ERNEST OLIVAS – BRETT PEELER – HUGH RANCE CLAYTON RANEY – GARY RESNICK – SCOTT RIEDEL – WILSON SABA – WAYNE SCHREBE – RICHARD SCHWARZ – ANN SMITH ALLEN SPIESS – ALAN R SUTHERLANDOEL TENDLER – HOWARD TERRY – STEVE THAYER – TONY TSAGRIS RAQUEL C WHITE – NORMA WINGO – JOSEPH YATES

SAGE MISSION STATEMENT: SAGE of South Florida (Senior Action in a Gay Environment)) is a non-profit organization which seeks to enrich the lives of the GLBT senior community through membership inclusive of age, gender, race, nationality, and religion. We believe this can be accomplished by sponsoring social alternatives, by providing personal interaction, by offering educational opportunities to deal with the special needs of aging, and by promoting contact with the isolated and home-bound persons of our community. SAGE was founded in 1994 as a Florida "not for profit" corporation (Federal Tax-Exempt Status of 501 (c) 3, allowing tax-deductible donations.

SAGE EDITORIAL POLICY : SAGE welcomes contributors to the newsletter. An author may request their entry be "anonymous". However, the submission, as received by SAGE, must be accompanied by the full name and address of the author. Items will be published at our discretion, and such publication does not constitute endorsement by SAGE of South Florida. If we feel that we cannot publish a submission anonymously, we will contact the author. We reserve the right to edit articles for length, clarity, or standards of decency. We do not accept paid ads in the newsletter.

Email to Editor:	sagesofl@gmail.com	Website:	www.sagewebsite.org
	Attn: Editor	Facebook:	www.facebook.com/SageOfSouthFloridaInc
Mailing Address:	SAGE of South Florida		
	PO Box 70516		
	Oakland Park, FL 33307		

Contents Copyright © 2024 SAGE of South Florida, Inc. All Rights Reserved (Except excerpts, under their own protections).

Celebrating over 30 years of service to our community



SAGE ON THE BORDER/ ALTERNATIVES (SOBA) Jean Arthurton

This Co-Ed discussion group meets LIVE and IN PERSON every Monday at 11:00am at the Volen Center, 1515 W. Palmetto Park Road, Boca Raton, subject to COVID safety precautions and requirements. Watch your email for the weekly eblast announcement. Everyone is welcome. No reservations are required.

SAGE NIGHT OUT

Ed Slough

Join us Wednesday, July 24th, when SAGE is having an informal dinner at Tropics Grille, 2000 Wilton Drive, Wilton Manors. Drinks and cocktails will be from 5:00pm to 5:30pm,

with "Happy Hour" prices at the bar, and dinner at **5:30pm**. Tropics has offered SAGE all dinners at halfprice on Wednesday for **SAGE and** our guests only to make the evening less crowded and to provide better service than is possible on



their normal half-price Mondays. You need not be a SAGE member to attend. All are welcome, including our friends from Prime Gentlemen. You can check out their menu at: https://tropicsgrillefl.com/menu/.

This is an event for friends to get together and celebrate the ability to socialize in person once again. It should be a good time for all. Please email me to let me know if you plan to attend so I can give Tropics a heads-up.

Join your SAGE and Prime Gentlemen friends for the monthly Early Bird Dinner. The event for June will be at Zuckerello's, 3017 East Commercial Boulevard, Fort Lauderdale, 33308 on Wednesday, July 10th, at 5:30PM. The quality of the food is excellent, the portions are generous, and the prices of the specials are really very good – which makes this a good choice for the Early Birds. This event was inspired by Chicago Patrick. Contact me to get on the mailing list and make reservations.

My email is: wildhybrid@aol.com. Thanks!

SAGE LUNCH & LEARN

Lunch and Learn is held the first Saturday of the month, 12:30pm, at the Herb Skolnick Community Center.

RESERVATIONS ARE REQUIRED. Please see the enclosed flyer for more information.

SAGE CO-ED DROP-IN

Michael Gagne & Kathy Macchio

Ladies of SAGE, may we have your ATTENTION PLEASE! Come to the Co-Ed Drop-In. Kathy and Michael are your



hosts, every Thursday at 3:00pm. Join the fun on **Zoom!** It's all user-generated content – Participants bring topics, stories, and concerns to share or discuss. Check us out. Schmooze, kibitz, see some of your old friends and make some new ones. Check your emails from SAGE for the weekly announcement and link to the meeting.

All (including men) are welcome!



NOTES FROM THE MEN'S DROP-IN Jefy Gaines

It's Sweet July and Summertime. A month mostly in a Cancer Sun, which means the love and deep caring of family, blood relatives, or chosen family. An imaginative time, very emo-



tional, sensitive, intuitive, and sentimental. Loyalty will be tenacious and an experience of empathy to others. At the end of the month the sun will be in Leo, which means fun, fun, fun! So, fasten your seatbelts and enjoy the ride

SAGE of South Florida and the Prime Gentlemen offer many activities and events for our community. Check out our SAGE/Prime Gentlemen Men's Hybrid Drop-In which meets every Wednesday, 1:00pm to 2:00pm: In person at the Pride Center, Room 204, and via Zoom. Doors open at 12:45pm for a little extra "schmoozing." All are welcome. We officially start at 1:00pm, first with announcements and then some sharing about what's going on in our lives: movies, dinners, family, and feelings. We close with a little kibitzing and sharing some jokes. Sometimes comical, sometimes not so much. Moaning is allowed, but it's always good-spirited fun. All are welcome.

So, come join us in person or on Zoom: Meeting ID: 275 139 4844 Passcode: 076609

SAGE Dinner at Bona Italian Restaurant













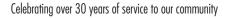






SAGE/Prime Gentlemen Monthly Movie







SAGE Message Line - 954.634.7219 - www.sagewebsite.org

SAGE Lunch & Learn at the Skolnick Center











NIGHT OUT at Tropics Grille









For up-to-date news about SAGE, follow us on Facebook: SAGE of South Florida, Inc. View more photos by visiting the Photo Gallery at our Website: www.sagsofl.org

SOCIAL LITES

Sal Orlando

HAPPY BIRTHDAY, AMERICA! Enjoy your 4th of July festivities, stay safe, and try to stay cool. My countdown has begun. It is less than three more months before we see summer leaving South Florida once again.



On **June 20**, we all had a blast at **Bangkok Bistro**, a quaint little Thai Restaurant on Federal Highway. After a few cocktails at their fabulous little bar, I couldn't have been any happier. Our dinner was delicious and the wait staff friendly and accommodating, a definite repeat for the future. What a way to forget about the June 90-plus degree weather.

This month, on **Thursday, July 18th**, after quite some time, we're going back to **Peter Pan**, on Dixie Highway, for a **Meet-Up**. That's when you just show up and pay for what you order. Cocktails at happy hour pricing starts at **5:30 PM**. If you would like to take advantage of their early bird specials, dinner starts no later than **5:45 PM**. A separate area, in the side room where the bar is located, will be reserved for **SAGE**. The food is always delicious, and the atmosphere is always lively and fun. It's a great way to spend a summer night with friends. Don't forget to put this great event on your calendar.

Our first **SAGE Meet-Up Luncheon** will be held on **Tuesday, July 9**, at **1:00 PM**, at **Latin Bohemia**, a family- owned restaurant, serving tasty Cuban and Peruvian food, on Powerline Road. Perfect for those of you who attend Coffee and Conversation to head right over there afterward.

Save the Dates: On Thursday, August 15th, for the very first time, SAGE goes to Casa Monarca, a fabulous Mexican Restaurant (formerly Too Jay's on Federal Highway). SAGE's August 13th Meet Up Luncheon TBD.

Get Ready: The Social Committee has started having **Meet-Up Luncheons**, coordinated by Gene Majka and Michael Gagne, beginning this month and on the second Tuesday of each month thereafter.

Fortunately, **SAGE** most graciously received a very generous donation to be used to subsidize **SAGE's** monthly events, Therefore, member pricing which began May 2023, subsidies will be more substantial allowing us to partially offset the inflationary spikes occurring at this time. As always, it's not fair to our members that nonmembers should be partially subsidized also. Therefore, nonmember pricing will reflect the total cost paid to the venue by **SAGE**, plus entertainment and other expenses, if any, for each event.

Please Note: There is a reason for **SAGE** to have a reservation cutoff date and time for each event. Therefore, no reservations will be accepted after such time.

USPS has been slow in delivering mail lately, therefore make your reservations either in person at events, charge your payment by phone by calling the **SAGE** office, or pay by Square on our website. If you decide to pay by mail, send your event reservation together with payment **as soon as possible**, then phone the **SAGE** office to let them know the check is in the mail to avoid not getting to the **SAGE** office in time and to get on the reservation list for that event.

Those of you who would like to sit together at one of our events, please arrive early and at the same time, or wait for one another before checking in, so your party will be able to sit at the same table, if available.

As always, for ongoing activities, consult your **SAGE** Calendar for meeting times and places and keep reading your **Social Lites Column**.

Ciao for now!

SAGE/PRIME GENTLEMEN BOOK DISCUSSION GROUP







Matt Cain's *The Secret Life of Albert Entwistle* is a heartbreakingly sweet story about how times of crisis can trigger moments of rewarding growth. Melancholic and romantic, it charts one man's realization that it is never too late to live life to its fullest.

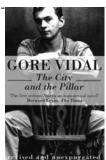
Albert Entwistle is a postman in an

English country village, a creature of routine and privacy. Things are turned upside down when, on the eve of his 65th birthday, he is reminded of Royal Mail's mandatory retirement policy. He'll soon be without a job, without a routine. When events conspire to rip all his emotional support away from him, he is forced to confront the question... who is the real Albert Entwistle? Albert has lived his whole life in the closet. As the novel progresses, the reason why becomes clearer. Albert has never dealt with a key traumatic incident in his past and has lived under the specter of his own shame for decades. But now, with nothing to lose, and the world changing around him quickly, Albert hatches a plan to change his circumstances; but change is never that easy.

The Secret Life of Albert Entwistle has a cathartic edge to it, your emotions will be pulled from pillar to post(box) as you laugh, cry, and cheer along with the characters. It's about as far from 'misery-porn' as you can get, while still having some emotional oomph behind it. A lovely, charming read.

The Secret Life of Albert Entwistle will be discussed at the next meeting of the Book Discussion Group, to be held on Saturday, July 13 from 11:00 AM to noon at the Stonewall Library, 1300 E Sunrise Blvd., Fort Lauderdale, and simultaneously on Zoom via this link: Meeting ID: 275139 4844 and Pass code: 076609

UPCOMING: The August 10 meeting selection is: The City and the Pillar, by Gore Vidal.



IN MEMORIAM

ED KANE passed away on June 8, 2024, surrounded by family and friends, at age 82. Ed had many interests and a passion for life. He was an avid opera and theater fan and enjoyed many genres of movies. He loved to travel and explore the world, but New York City was always the center of his universe. He was a beloved father, grandfather, brother, uncle, husband, and friend to all. He is survived by his partner, Ted Fisher. Ed will be missed by the SOBA group and the rest of his SAGE family.



FRIENDLY SUPPORT PROGRAM

We'd like to think we are not merely fair-weather friends, but people who really care about our SAGE family. If you know of any SAGE member who is sick, in the hospital, or would appreciate a friendly call or a note of cheer, please contact:

Michael Vita - 786.586.4286

SAGE MEMBERS IN NEED

If you are a Senior, or a Care Giver, who needs information or referral services regarding assistance with Activities of Daily Living, please contact the ADRC (Aging and Disability Resource Center), part of the Area Agency on Aging:

In Broward County – 954.745.9779 Website: adrcbroward.org In Palm Beach County – 561.684.5885 Website: aaapbtc.org

BEREAVEMENT GROUP

After the funeral, grieving gets intense and lonely. Free LGBT Bereavement Group helps to manage the waves and tsunamis of grief. For days, time, and location contact:

Rev. Dr. Anne Atwell – 954.462.2004x208

Anne@sunshinecathederal.net

SAGE EMERGENCY FUND

The SAGE Emergency Fund was established to assist LGBTQ Seniors (55 years or older) who have experienced unexpected financial hardship. Households with incomes below the federal poverty level are eligible to apply for a one-time grant (up to \$1,000.00) of financial assistance for medical needs, rent/mortgage payment, utility charges, or transportation costs. The Fund is administered by the SunServe Senior Services Department. For more information, contact **SunServe at 954.764.5150**.



We refuse to be invisible

Friendly Visitor Program

SAGE USA is collaborating with Sunshine Cathedral to establish a Friendly visitor program for LGBTQ+ older adults. The program links a volunteer with an LGBTQ+

older adult who would benefit from additional meaningful connections in their lives. The volunteer visits the participant weekly for 1-2 hours and speaks to the participant by phone between visits. If you or someone you know is interested in volunteering, participating, or seeking more information, contact **Mitchell Zahn, Program Coordinator, at 646.568.9354** or by email at **mzahn@sageusa.org.**

SAGE Health Tips

Gene Majka, APRN



Welcome. If you have a topic, comment or questions, please send an email to sagesofl@gmail.com.

Aquarius



We all remember the Age of Aquarius and the hit song "Hair." Our long luxurious hair but now, ALAS! Some of us lost it due to genetics or hormone (menopause) changes. Alopecia for senior men over 65 is 53% and for women, it is 37%. You can also lose hair (alopecia) due to prescription medications. We all know there is hair loss due to chemotherapy. How Do The Drugs Work? The medications regulate the brain hormones, digestive system, and adipose tissue (body fat). They suppress appetite cravings and give you a feeling of fullness. The medications are either pills or injections but both are equally effective. Some medications are for short-term (12 weeks) use and some are for long-term use.



These are medications that may cause hair loss:

- 1. Retinoids high doses for treating skin conditions. Hair loss is reversible after stopping the medication.
- 2. Antidepressants Bupropion (Wellbutrin) has a higher chance of hair loss, SSRI's (Luvox), SSNRI's (Cymbalta Ef fexor and Pristiq).
- 3. Anticoagulants prevents blood clots. They are Heparin, Warfarin (Coumadin, Jantoven), Eliquis (Apixban) and Xarelto (Rivaroxaban).
- 4. Anticonvulsants Prevent seizures common with Depakote (valproic acid) Lyrica (pregabalin) but less common with Keppra (levetiracetam).
- 5. Beta Blockers treat high blood pressure as Propranolol (Inderal), Atenolol (Tenormin) and Metoprolol (Lopressor Toprol XL).
- 6. Antithyroid medications treat overactive thyroid as methimazole (Tapazole) and Propylthiouracil.
- 7. Tamoxifen used to treat or prevent breast cancer.
- 8. Certain arthritis medications those used for rheumatoid arthritis and other autoimmune conditions.
- 9. Allopurinol (Zyloprim) is used to treat gout.
- 10. Levodopa aka (Sinemet) which treats Parkison's disease.
- 11. Ozempic also Wegovy weight loss drugs. Clinical trials were reported to cause hair loss, but hair loss can occur from rapid weight loss.
- 12. Chemotherapy used to kill cancer cells (Cytoxan) and doxorubicin (Adriamycin)

Medication loss of hair may be permanent, but it usually can be reversed by stopping the medications. Do not stop medications on your own, contact your health care practitioner. The practitioner may have other treatment options for hair loss caused by medications. Keep in mind that stress and chemical hair treatments may also cause hair loss. Monitor any strange side effects that may be from your medications.

References and Resources:

Hair Aging and Hair Disorders in Elderly Patients https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10075351/ 12 Medications That Cause Hair Loss https://www.goodrx.com/drugs/side-effects/is-your-medication-causing-hair-loss-these-drugs-are-common-culprits?&utm_source=sfmc&utm_ medium=email&utm_campaign=2988&utm_term=CTA1&utm_id=6522&sfmc_id=3069337&utm_content=weekly&utm_param2=01-29-24

8 Types of Drugs That May Cause Hair Loss https://www.aarp.org/health/drugs-supplements/info-2022/drugs-that-cause-hair-loss.html

Hair Loss https://www.mayoclinic.org/diseases-conditions/hair-loss/diagnosis-treatment/drc-20372932

Hair Loss in Women https://my.clevelandclinic.org/health/diseases/16921-hair-loss-in-women

SAGE cares because YOU care about your health. Please always seek advice from your physician/nurse practitioner (HP's). Thank you to my Editor, Larry Dishman of Allen, TX.

SAGE of South Florida

Lunch & Learn

July 6, 2024, at 12:30pm

HERB SKOLNICK COMMUNITY CENTER 800 SW 36TH AVENUE, POMPANO BEACH, FL

RESERVATIONS REQUIRED

MEMBERS – \$4.00 GUESTS – \$9.00 (SEATING LIMITED TO 40 PERSONS)

Reservations MUST be made by 12:30pm on THURSDAY, July 4, 2024, BY SENDING AN EMAIL To: sagesofl@gmail.com OR BY CALLING: 954.634.7219

Come celebrate Independence Day and enjoy a picnic lunch with your friends at this holiday special event subsidized by **Emerald Elite Senior Home Care.**

If you arrive early, make yourself comfortable in the lobby and meet with other SAGE members and guests.

Menu

Hawaiian Rolls

Fried Chicken

Deli Wraps

Coleslaw

Potato Salad

Macaroni Salad

Fruit Salad

Mixed Pastries



Catering by Publix



SAGE MEET-UP AT PETER PAN



1216 East Oakland Park Blvd, Oakland Park, FL 33334 – 954-565-7177 The Peter Pan Diner has been family owned and operated since 1979. Our menu is filled with big no-nonsense breakfast and traditional daily chef prepared lunch and dinner specialties. American, Greek, Italian and Seafood Cuisine. All of our baking is done on premises. We are committed to providing the best possible service to our guests.

Thursday July 18, 2024 – 5:30pm



The Neverland Burger

When you arrive just tell the Hostess that you are with SAGE We will be eating in the Main Bar Dining Room

> No advance reservations are necessary Just show up and pay for what you order

Questions – Call the SAGE Message Line – 954-634-7219

SAGE'S FIRST LUNCHEON MEET-UP LATIN BOHEMIA GRILL



1261 S. Powerline Rd, Pompano Beach, FL 33069 -- 954-957-9397

The Latin Bohemian Grill has been owned and operated since 2003. It is a delicious Cuban and Peruvian food joint doling out all-day fare & classic eats like Picadillo, Cubanos & Ropa Viejas. The open kitchen concept allows you to see the personality and inspiration of the Bohemian family cooking styles.

Tuesday July 9, 2024 – 1:00pm

Thereafter every second Tuesday of the month



When you arrive just tell the Hostess that you are with SAGE

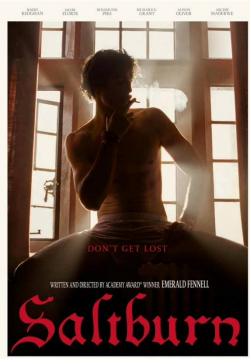
No advance reservations are necessary

Just show up and pay for what you order

Free Raffle: (10) \$10 Publix Gift Certificates

Free Iced Tea & Soda will be served during your meal

THE SAGE / PRIME GENTLEMEN MOVIE



Saltburn is about those gruesome human feelings of desire against the backdrop of a bright, sunny summer in England's most gorgeous castle, complete with a library and a maze. The movie follows the first semester and summer of Oliver Quick, a student at Oxford who, like any other first-year, just wants to be seen. The movie does an excellent job at depicting class differences, disparities, and especially the ignorance of the upper class, even if they're trying to be kind. Everyone treats Oliver like a charity case to make themselves feel better, and Oliver wants nothing more than to have friends that love him.

Saltburn delves into many interesting and complex themes: class differences, manipulation -a whole lot of manipulation, desire turning into obsession, many forms of

symbolism, and revenge. And this movie is easily a cult classic. It's weird and twisted, cinematically beautiful in every frame, and especially complex with its characters. All of which make for an excellent film.

Broadway Backwards is the annual benefit concert celebrating the LGBTQ+ community via songs from musical theatre. Distinguished and emerging stars from the worlds of stage and screen come together in the celebration of LGBTQ+ stories and musical theatre. The one-night-stand revue has been gender-switching famous show tunes for eighteen years. In an Italian-American fever dream, **Bradley Dean** portrayed a Godfather



archetype advising his son's suitor, played by **Nicholas Park**, to *Be Italian* in the signature song from *Nine*. Joined by a gaggle of gregarious gangsters, the full-out production number had the cast dancing sensually and sensationally amid red-checkered tablecloths strewn with glasses of Merlot.

FRIDAY, JULY 19th, 2024 1:30 PM at the PRIDE CENTER FREE POPCORN and SODA